



Mark Heayn Photography

COMFORT & COMPASSION: ethics in end of life care



Provincial
Health Ethics
Network



ANNUAL CONFERENCE
Red Deer | May 23, 2003

www.phen.ab.ca
www.albertapalliative.net

The Conference HOSTS:



The Palliative Care Association of Alberta (PCAA)

The Palliative Care Association of Alberta (PCAA) is a provincial network aimed at enhancing the growth and development of quality palliative care. PCAA provides leadership and support for hospice palliative care at the provincial and national level. The association was formed in recognition of the need for coordination and education in the field of palliative care in order to better meet the needs of the various local palliative services across Alberta. PCAA works to facilitate public awareness and knowledge of palliative care, advocates for improved palliative care policy and resource allocation, and supports palliative care research and education. To become a member or for more information, visit www.albertapalliative.net/APN/PCAA/PCAAldx.html.



The Provincial Health Ethics Network (PHEN)

The Provincial Health Ethics Network (PHEN) is a non-profit organization dedicated to promoting discussion and action on ethical issues that affect health and well-being. A non-partisan body, PHEN does not take stances on ethical issues but instead promotes careful, systematic consideration of ethical issues in decision-making. PHEN is a resource for all Albertans, from policy-makers and administrators to front-line service providers, and those who utilize these services. The Network is funded primarily by Alberta Health and Wellness and the Regional Health Authorities and Provincial Boards of Alberta. To become a member or for more information, visit www.phen.ab.ca.

AGENDA

Friday, May 23, 2003
9:00 am - 4:00 pm

Capri Hotel and Convention Centre
3310 Gaetz Avenue Red Deer, AB.
1-800-662-7197

Agenda Highlights

The agenda for the day will include presentations and workshops on the following topics:

- Keys to Good Decision-Making in End-of-Life Care
- The Role of Hope in the End-of-Life Context
- Organizational Ethics Issues in End-of-Life Care
- Good Advance Care Planning: Working with Patients and Families
- Terminal Patients Without Decision-Making Capacity
- Terminal Sedation: Compassion or Conclusion in End-of-Life Treatment
- Personal Directives: Benefits and Burdens of Planning Tools
- Communication in the End-of-Life Context

The day will be structured with the goal of facilitating plenty of dialogue and interaction and will also include dramatic presentations on ethical issues to provide food for thought.

Funding for the Provincial Health Ethics Network is provided primarily by Alberta Health and Wellness and Alberta's Regional Health Authorities and Provincial Boards.

COMFORT & COMPASSION: ethics in end of life care

What issues will the conference explore?

The conference will explore ethical issues that arise in caring for those nearing the end of life.

Why are these issues important to address?

Every one of us will at some point be faced with confronting difficult choices about death and dying, whether it be with a patient, a loved one, or ourselves. Perhaps more than at any other time, the process of sorting out one's values, faiths, hopes and dreams, takes on a renewed sense of importance and urgency as one approaches the end of life. Health care providers necessarily play a key role in the decisions made at this time, however it is often very unclear what the right thing to do is, or how to best care for the dying patient.

How can a conference about ethics help?

Exploring these issues from an explicitly ethics-based perspective can assist with clarifying the particular values at stake and building skills to address the decision-making process in a systematic and ethically sensitive manner.

What can I expect to learn at this conference?

The conference will assist you in addressing questions such as:

- What are the particular ethical tensions that arise at the end of life?
- Who should be making decisions for the dying patient?
- How do I talk to patients and families about the dying process and the decisions that need to be made?
- What can I do to be as supportive as I can to patients and families?
- What do I do when patients, families and/or other health care providers are in disagreement about what should be done?
- What will good advance planning look like and what are the benefits and limitations?
- How do I help patients and families face death?
- How do I negotiate adequately treating symptoms of pain while not causing harm to the patient?
- What sorts of organizational barriers can sometimes get in the way of providing good care to patients?
- What things should I take into account when making decisions about care for a dying patient?

MODERATOR



Jose Pereira

Dr. Jose Pereira is the first incumbent of the Alberta Cancer Foundation Professorship in Palliative Medicine at the University of Calgary. He is Associate Professor of Palliative Medicine in the

Department of Oncology and is Medical Director of a new Tertiary Palliative Care Unit at the Foothills Medical Centre in Calgary. He has published numerous articles covering a wide spectrum of clinical issues, including cancer pain management, opioid use, delirium in palliative care, chronic nausea in patients with advanced cancer, and is author of the Alberta Palliative Care Handbook.



Robert Buckman

A world-class expert on inter-personal communication, Dr. Robert Buckman has established many of the principles in this area and his techniques are taught at hospitals and medical

schools around the world. He is also a medical oncologist at the Toronto-Sunnybrook Cancer Centre, and a professor at the University of Toronto; communicating difficult messages has always been one of Dr. Buckman's critical skills, and laughter is some of his best medicine. A prolific author, his books include: *I Don't Know What to Say - How To Help And Support Someone who Is Dying*, and *How To Break Bad News*.



Christy Simpson

Dr. Christy Simpson is currently an assistant professor in the Department of Bioethics, Dalhousie University. Prior to this appointment, Dr. Simpson was an Izaak

Walton Killam Memorial Postdoctoral Fellow with the Department of Educational Psychology, University of Alberta (2000-2002). During this fellowship, Christy was able to spend time with the Hope Foundation of Alberta and completed a doctoral dissertation examining the role of hope in health care. Other research interests include: role modeling and reflective practice in bioethics and organizational ethics.

WORKSHOP SPEAKERS

Barbara Russell

Barbara Russell is the Clinical Ethicist at the University of Alberta Hospital. She is a Clinical Assistant Professor appointed to the Dossetor Centre through the Faculty of Medicine and Dentistry. Dr. Russell's research interests include organizational ethics, end-of-life care and chronic care, and the role of moral perception and imagination in sound decision-making.

Mark Miller

Mark Miller is Co-Director of the Redemptorist Bioethics Consultancy. Dr. Miller studied in Winnipeg, Toronto and Germany before completing his doctorate in moral theology (1992) at the University of Notre Dame in South Bend, Indiana. He is a part-time bioethicist for St. Paul's Hospital in Saskatoon, and teaches part time at St. Mary's College in Calgary.

Penny Parker

Penny Parker serves as Manager, Palliative Care Services, Capital Health Home Care program, and has worked in Palliative Care for the last 13 years. She has been a Registered Nurse for the last 23 years and spent many years in the hospital

setting, primarily in Gynecology/General Surgery and ICU/CCU. She received her BN from the University of Calgary.

Monique Rigole

Monique Rigole obtained her Masters Degree in Social Work from the University of Calgary in 1991. Presently, Monique works as a Public Guardian Representative at the Office of the Public Guardian in Calgary. She is a Personal Directives Specialist and loves to provide information about the Personal Directives Act to anyone willing to lend her an ear!

Gary Frank

Gary Frank serves as Palliative Care Consultant with the Edmonton Regional Palliative Care Program where he works with physicians and patients to sort out symptom and care problems. Gary obtained his BED from the University of Toronto and his RN Diploma from the University of Alberta. He has been practicing in the field of Palliative Care since 1998.

FYI

The membership of the Network will elect one representative to its board during the Annual General Meeting to fill a vacant position. For nomination forms or further information please contact the PHEN Northern Alberta Office at 1.800.472.4066.

REGISTRATION

Registration Fee Includes Materials, Refreshments & Lunch



FAMILY NAME		FIRST NAME & INITIAL	
TITLE		ORGANIZATION	
APARTMENT	STREET ADDRESS		
CITY/TOWN	PROVINCE	POSTAL CODE	
RES. PHONE	BUS. PHONE	FAX	
EMAIL ADDRESS (for confirmation of registration and registrant list)			
MAY WE PLACE YOUR NAME AND CONTACT INFO ON A REGISTRANT LIST TO BE DISTRIBUTED AT THE CONFERENCE? <input type="checkbox"/> NO <input type="checkbox"/> YES			
DID YOU RECEIVE THE PDF OR PRINT VERSION OF THIS BROCHURE? <input type="checkbox"/> PRINT <input type="checkbox"/> PDF			
<input type="checkbox"/> CHEQUE	<input type="checkbox"/> VISA	<input type="checkbox"/> MASTERCARD	
CARD NUMBER	EXPIRY DATE		
CARDHOLDER NAME (PLEASE PRINT)			
SIGNATURE			

CONFIRMATION All accepted registrants will be sent a confirmation, by e-mail or fax, of their registration within three weeks of receipt of this form. If submitting your registration after May 1, please check our website (www.phen.ab.ca) prior to sending in your registration form to ensure that space is still available.

HOTEL Capri Hotel & Convention Centre 3310 Gaetz Avenue Red Deer, AB, Canada T4N 3X9 For guest room reservations, call (403) 346-2091 or Toll Free: 1-800-662-7197

Note: For special room rates, please make your reservation before April 5, 2003, and indicate that you are attending the PHEN conference.

CANCELLATIONS Cancellations received on or before May 12 will be refunded the full registration fee less a \$25 administration charge. No cancellation refunds will be provided after May 12.

ACCESSIBILITY The Capri conference facilities and select guest rooms are wheelchair accessible. For information about special travel assistance for those with disabilities, please call the PHEN Northern Alberta office.

FINANCIAL ASSISTANCE If the cost of registration will be a barrier to attendance at the conference, please call the Provincial Health Ethics Network for possible assistance, at 1-800-472-4066.

REGISTRATION CATEGORY

- EARLY REGISTRATION \$100**
(Registration form and payment must be received by 5:00 PM, **April 30** – sorry, no exceptions)
- REGULAR REGISTRATION \$125**
(Registration form and payment received after 5:00 PM, **April 30**)
- SPECIAL REDUCED RATE \$60**
(Registration form and payment must be received by 5:00 PM, **April 30** – sorry, no exceptions)
The special reduced rate is available to those for whom the above registration fees would normally pose a barrier to attending the conference, by reason of economic or other circumstance.

If mailing your registration form and payment, please take into consideration the extra time it will take to reach our office. This may affect the registration category you select.

Please detach and fax (with credit card info) or mail (with cheque payable) to:
Provincial Health Ethics Network
206 Aberhart Centre Two, 8220-114 Street, Edmonton, AB T6G 2J3
PHONE 780.492.8239 (TOLL FREE: 1.800.472.4066) FAX: 780.492.2633
PHEN Charitable Business Number: 89986 2148 RR0001